

BEFORE ENROLLING IN DEGREE APPLICABLE COURSES, IT IS RECOMMENDED THAT YOU COMPLETE ENGL 001A AND READ 053.

COURSE	FALL	SPRING	SUMMER	WEEKEND
PSYCH 048	D	T		
PSYCH 055		T		T

D= DAY CLASSES; E= EVENING CLASSES; T = TELECOURSE

Psychology - A.A. Degree

Psychology concerns itself with the study of human and animal behavior. It involves both pure science and the practical application of science to matters of everyday life. Those pursuing psychology as a field of study will find many career options centering around helping others understand, predict and control their own behavior and the behavior of others. Training in psychology also provides a valuable foundation for many professions that involve interpersonal interaction and communication.

Required:	Units
PSYCH 001 General Psychology	3.0
PSYCH 007 Physiological Psychology	3.0
MATH 010 Elementary Statistics	4.0

Elective Courses: select any three (3) courses listed below

	Units
PSYCH 002A Experimental Psychology	4.0
PSYCH 010 Social Psychology	3.0
PSYCH 012 Human Growth and Development	3.0
PSYCH 015 Introduction to Research Methods	3.0
PSYCH 020 Theories of Personality	3.0
PSYCH 025 Introduction to Abnormal Psychology	3.0
PSYCH 030 Psychology of Addiction and Substance Abuse	3.0
PSYCH 033 The Psychology of Personal Growth	3.0
PSYCH 048 Introduction to Child and Adolescent Psychology	3.0
PSYCH 055 Psychology of Death and Dying	3.0
PSYCH 060 Theories and Techniques of Counseling	3.0
Total Units	19.0 - 20.0

Psychology for Human Service Agency Workers Certificate

This certificate exposes students to a blend of subjects in academic preparation for work as volunteers, interns and/or professionals in human service agencies where crises are common. These courses are predominantly useful for current and future mental health workers, public safety personnel and educators. Topics will include: domestic violence, substance abuse, sexual assault and rape, victims awareness, suicide prevention, crisis intervention techniques and assessment skills.

Required courses:	Units
COUNS 010 Introduction to Crisis Intervention	3.0
PSYCH 001 General Psychology	3.0
PSYCH 020 Theories of Personality	3.0
PSYCH 025 Introduction to Abnormal Psychology	3.0

Elective courses: select any two (2) of the courses listed below.

	Units
PSYCH 010 Social Psychology	3.0
PSYCH 030 Psychology of Addiction and Substance Abuse	3.0
PSYCH 055 Psychology of Death and Dying	3.0
Total Units	18.0

PSYCHOLOGY (PSYCH)

001 • GENERAL PSYCHOLOGY 3.0 units

Total Lecture 54.4 hours
Acceptable for credit: University of California, California State University

This course introduces major concepts, problems and methods that psychologists use to investigate and understand the human mind. Major topics of study include the history and origins of psychology, introductory statistical concepts, motivation, emotion, biological determinants of behavior, environmental factors in behavior, psychological tests and measurements, and learning and personality theory. *This course may also be offered by via distance learning. Pass/No Pass Option.*

002A • EXPERIMENTAL PSYCHOLOGY 4.0 units

Total Lecture 54.4 hours, Total Lab 54.4 hours
Advisory: PSYCH 007, SOCS 022 and MATH 010
Prerequisite: PSYCH 001

Acceptable for credit: University of California, California State University

This course is a continuation of Psychology 001, with an emphasis on experimental psychology. It introduces the student to the theory and application of the scientific method in the area of physiology and behavior, with particular emphasis on sensation, perception, motivation, memory, creativity, intelligence, personality, tests, and measurements. Students will be required to conduct and participate in experimental projects, collect and analyze data, and present results. Recommended for psychology majors and transfer students. *Pass/No Pass Option.*

007 • PHYSIOLOGICAL PSYCHOLOGY 3.0 units

Total Lecture 54.4 hours
Prerequisite: PSYCH 001 or the equivalent
Acceptable for credit: University of California, California State University

This course is an introduction to the physiological substrates of behavior. Among the areas covered are neurophysiology, the functional nervous system, senses, emotion, motivation and learning. The course has value for behavioral science, paramedical, and pre-medical majors. *This course may also be offered via distance learning. Pass/No Pass Option*

010 • SOCIAL PSYCHOLOGY 3.0 units

Total Lecture 54.4 hours
Acceptable for credit: University of California, California State University

This course studies psychological and sociological influences on an individual while functioning in social contexts, including the development of self-image, patterns of social behavior, attraction/repulsion, conformity/rebellion, formation of attitudes, and problems during social change. *This course may also be offered via distance learning. Pass/No Pass Option.*

012 • HUMAN GROWTH AND DEVELOPMENT 3.0 units

Total Lecture 54.4 hours
Advisory: PSYCH 001
Acceptable for credit: University of California, California State University

This course blends psychological, physiological, cultural and other environmental forces that affect human growth and development. Additionally, theoretical models and research into the development of cognitive, perceptual, physical, personality and emotional abilities are presented. *This course may also be offered by via distance learning. Grade Only.*

015 • INTRODUCTION TO RESEARCH METHODS 3.0 units

Total Lecture 36.8 hours, Total Lab 54.4 hours
Advisory: MATH 010
Prerequisite: PSYCH 001
Acceptable for credit: University of California, California State University

This research methods course focuses on quantitative research methods and statistical analyses that utilize statistical software applications. Topics include experimental, correlational, and observational research. Lab and field studies are conducted. *Pass/No Pass Option.*

020 • THEORIES OF PERSONALITY 3.0 units

Total Lecture 54.4 hours
Prerequisite: PSYCH 001
Acceptable for credit: University of California, California State University

This review of human personality studies major theoretical theories by emphasizing psychoanalytic, behavioral, humanistic, cognitive and social models. Common psychological testing methods are introduced to students. The function of personality dynamics with respect to both normal and abnormal behavior is also examined. *This course may also be offered by via distance learning. Pass/No Pass Option.*

025 • INTRODUCTION TO ABNORMAL PSYCHOLOGY 3.0 units

Total Lecture 54.4 hours
Prerequisite: PSYCH 001
Acceptable for credit: University of California, California State University

This course focuses upon various mental disorders, categories and treatments. Disorders and treatments studied include depressive disorders, anxiety disorders, substance abuse disorders, schizophrenia, sexual disorders, developmental disorders and personality disorders. *This course may also be offered by via distance learning. Pass/No Pass Option.*

PSYCHOLOGY • READING

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030 • PSYCHOLOGY OF ADDICTION AND SUBSTANCE ABUSE

3.0 units

Total Lecture 54.4 hours

Advisory: Eligibility for ENGL 001A and READ 053

Acceptable for credit: California State University

This course is an introduction to the physiological and psychological processes of addiction and how they relate to the abuse of legal and illegal substances. This course may also be offered via distance learning. Pass/No Pass Option.

033 • THE PSYCHOLOGY OF PERSONAL GROWTH

3.0 units

Total Lecture 54.4 hours

Acceptable for credit: California State University

This course is designed to facilitate insight into the self and to assist persons in exploring and maximizing personal potential. Through personal growth exercises, lectures and small group interactions, it focuses on various theories of personality and approaches to mental health in an effort to help participants develop personal goals, interpersonal communication skills, and to evolve a unified approach to the psychology of living. Pass/No Pass Option.

048 • INTRODUCTION TO CHILD AND ADOLESCENT PSYCHOLOGY

3.0 units

Total Lecture 54.4 hours

Advisory: Eligibility for ENGL 108A and READ 053, PSYCH 001

Acceptable for credit: California State University

This course examines the psychological development of children from conception to adolescence. Major theories addressing physical, cognitive and socio-emotional contexts are examined. This course may also be offered via distance learning. Pass/No Pass Option.

055 • PSYCHOLOGY OF DEATH AND DYING

3.0 units

Total Lecture 54.4 hours

Acceptable for credit: California State University

This course is a study of the ways we comprehend and deal with death. Emphasis will be on historical and present attitudes toward death in various cultures, handling fear and bereavement, the grief process, and understanding the special problems of persons who are terminally ill and/or suicidal. A study of changes in understanding and attitude over the life span, from childhood to the elder-years will be included. This course may also be offered via distance learning. Pass/No Pass Option.

060 • THEORIES AND TECHNIQUES OF COUNSELING

3.0 units

Total Lecture 54.4 hours

Prerequisite: PSYCH 025

Acceptable for credit: California State University

This course analyzes counseling and interviewing techniques based on contemporary theory and research. Theories studied include: person-centered, psychodynamic, behavioral, cognitive, and eclectic approaches. Interviewing and counseling skills can be used with these various approaches. Pass/No Pass Option.

READING (READ)

DIVISION: Communication

DEPARTMENT: Reading

DEPT CHAIR: Aaron malchow

PHONE: 408-855-5370

COUNSELING: 408-855-5030

EMAIL: aaron_malchow@wvm.edu

Highlights:

- An exemplary teaching staff dedicated to assisting students in improving reading skills.
- A comprehensive reading program including courses designed to meet the needs of a variety of students.
- A Reading Lab containing both computerized and print material to meet the needs of students of all reading abilities. The Staff of skilled dedicated people will help you reach your individual reading goals in comprehension, vocabulary skills, and speed reading.
- Online reading classes which meet the needs of students who have e-mail access and wish to work independently.

Student Learning Outcomes:

Upon completion of the reading course of study, students will have achieved proficiency in reading by being able to demonstrate the following learning outcomes:

- 1 Students will apply vocabulary-building strategies to improve their analysis of college level readings.
- 2 Students will demonstrate a literal comprehension of college level readings, through identification and analysis of main ideas, supporting details and rhetorical patterns of organization and development.
- 3 Students will be able to critically analyze and evaluate college-level reading material; make inferences; determine a writer's purpose and tone; and apply rhetorical reading strategies.
- 4 Students will be able to monitor positive and negative comprehension signals and apply appropriate strategies to correct incomplete comprehension.
- 5 Students will be able to demonstrate a range of reading rates according to reading purpose: prose at 500 wpm or above, with 70% comprehension; study reading at 250 wpm with 90%-100% comprehension.
- 6 Students will perceive themselves as competent college level readers.

Students will demonstrate their progress and mastery through oral and written tests, quizzes and projects.

Schedule Matrix:

COURSE	FALL	SPRING	SUMMER
READ 053	D,E	D,E	D,E
READ 063		E	
READ 960	D	D	
READ 961	D,E	D,E	
READ 964	D		
READ 974	DE	DE	D
READ 975	D,E	D,E	D
READ 976	D,E	D,E	D
READ 977	D,E	D,E	D
READ 978	D,E	D,E	D

D=Day classes E=Evening classes

READING (READ)

040 • TUTORING READING IN ELEMENTARY SCHOOL 3.0 units

Total Lecture 36.8 hours, Total Lab 54.4 hours

Prerequisite: Eligibility for READ 053

Acceptable for credit: California State University

This course provides students an introduction to teaching in the elementary grades with the emphasis on teaching reading acquisition. Content includes lectures and field experience in which students tutor and observe in elementary school classrooms. Students will observe classroom activities and apply concepts and techniques covered in lecture.