

BEFORE ENROLLING IN DEGREE APPLICABLE COURSES, IT IS RECOMMENDED THAT YOU COMPLETE ENGL 001A AND READ 053.

## 007 • INTERNATIONAL FILMS

3.0 units

Total Lecture 54.4 hours

Acceptable for credit: University of California, California State University

This film course represents a humanistic and interdisciplinary approach to studying the major and evolving concepts vital to the international community: sovereignty, nationalism, balance of power, dominance, and deterrence. International films explore the impact of abstract clashes of interests and ideologies on individuals and their communities, and emphasize specifically how resolutions are complicated by culture conflicts. This course is cross-listed as HUMAN 7. *Pass/No Pass Option.*

## 010 • INTRODUCTION TO LAW AND THE LEGAL SYSTEM 3.0 units

Total Lecture 54.4 hours

Acceptable for credit: University of California, California State University

An introduction to law and the American legal system. Focus will be on establishing a basic understanding of the legal system including those institutions, public and private, that enact, interpret, and implement the law. Attention will also be given to the role law plays in society and its interaction with the political, social and economic spheres. Topics to be considered will variously include the nature and sources of law, the judicial system, including courts and procedure, judges and juries, litigants and attorneys, and the penal system. The major branches of law and methods of alternative dispute resolution are also surveyed. *Pass/No Pass Option.*

## PSYCHIATRIC TECHNICIAN (PT)

DIVISION: Applied Science  
DEPARTMENT: Health Occupations  
DEPT CHAIR: Marsha Oliver  
PHONE: 408-855-5374  
INFO: 408-855-5375  
COUNSELING: Dr. Carol Beck  
PHONE: 408-855-5035

Acceptance criteria, program eligibility and selection process are subject to change. Current information can be located on the Health Occupations website.

All students accepted into the Psychiatric Technician (PT) program must be 18 years of age and provide evidence of the following:

- High school diploma/GED
- Current CPR certification
- Current physical exam that includes disease specific immunity, negative TB status, and current tetanus booster
- Negative urine screening and required fingerprinting or background check

Information regarding these requirements will be provided at the orientation.

Accredited by the California Board of Vocational Nursing and Psychiatric Technician (BVNPT), the three-semester PT program provides student-centered instruction and meets all board requirements. Classroom instruction is concurrent with clinical practice. All courses must be taken in sequence and completed with a grade of 75% or higher to remain in the program. Successful program completion qualifies graduates to take the California State Psychiatric Technician Licensing examination.

Completion of the PT program does not guarantee licensure.

### Student Learning Outcomes:

Upon completion of the Psychiatric Technician program, the student will:

1. Demonstrate the use of theoretical concepts and clinical skills during the performance of patient care to prepare for employment as Licensed Psychiatric Technician.
2. Identify deviations from normal anatomy, physiology, and diagnostic findings with diseases and disorders, and safely and effectively demonstrate theoretical concepts and skills basic to the practice of nursing in the delivery of patient care.
3. Apply the nursing process while providing thorough, effective, and safe health care based on individual patient needs (i.e., physical, emotional, cultural/spiritual, and age-related, etc.).
4. Demonstrate therapeutic communications skills needed when caring for patients from a diverse population.
5. Demonstrate accurate dosage calculations and safely administer medications by identifying drug standards, sources, dosages, and therapeutic and non-therapeutic effects.
6. Identify etiology of growth and development across the lifespan and basic genetic principles, and demonstrate understanding of chromosomal mutations, etiologies, prevalence, and methods of detection of developmental disabilities, mental retardation, and child psychiatric disturbances.
7. Safely and effectively, demonstrate theoretical concepts and skills basic to the practice of nursing in the delivery of patient care, including safely and accurately applying the nursing process in the provision of direct nursing care of a client with developmental disabilities and mental illness.
8. Describe the predominant characteristics of normal and abnormal behavior; analyze a plan of care, nursing problem list, nursing goals, appropriate nursing interventions, and evaluation of client outcomes for the client with developmental disabilities, and mental health problems.
9. Compare and contrast group activities utilized in the psychiatric clinical setting and successfully facilitate a client group including formation, implementation and evaluation of the group process.
10. Identify characteristics of professional behavior, leadership, and management, and define the roles and responsibilities of the Licensed PT.
11. Define the major components of the California Psychiatric Technician Law, the PT's scope of practice, and the importance of understanding the effects of current issues and trends on clinical practice.
12. Successfully complete all requirements for eligibility to apply for the PT licensure examination.

Students will be assessed through examinations, quizzes, case studies, skill demonstration, oral presentation, discussion, and clinical evaluation.

# PSYCHIATRIC TECHNICIAN

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## A.S. Degree & Certificate:

- Psychiatric Technician

### Schedule Matrix:

COURSE	FALL	SPRING
PT 011	D	D
PT 013A	D	D
PT 013B	D	D
PT 017A	D	D
PT 017B	D	D
PT 017C	D	D
PT 018	D	D
PT 019A	D,E	D,E
PT 019B	D,E	D,E
PT 067	D	D
PT 068	D	D
PT 069	D	D
PT 060A	D	D
PT 060B	D	D
PT 060C	D	D

D= DAY CLASSES E=EVENING CLASSES

### PSYCHIATRIC TECHNICIAN PROGRAM ACCEPTANCE POLICY

Due to requirements mandated by the Board of Vocational Nursing and Psychiatric Technician, acceptance into the Psychiatric Technician program will be dependent on the following:

#### Psychiatric Technician:

- Attendance at an information session (Dates will be posted in W2-202)
- Completion of the Health Occupations Program entrance examination (Assesses for eligibility in English 1A, Math 903 and Reading proficiency).
- Submission of an application for the PT program by the specified deadline (Applications are available at W2-202)
- Satisfactory completion of the prerequisite: BIOSC 022
- It is recommended that students have completed AH 003, NS 015, PSYCH 012, PSYCH 001 prior to applying for this program.
- BIOSC 022, NS 015, PSYCH 012, PSYCH 001 must be completed within 5 years of applying to the program.
- Students must pass all PT courses with a grade of 75% or higher.

For any questions regarding non-acceptance into a program, please contact a counselor for an educational plan.

## Psychiatric Technician - A.S. Degree and Certificate

The Licensed Psychiatric Technician is a member of the mental health services team and works under the direction of a Psychiatrist, Registered Nurse or other mental health personnel. The Psychiatric Technician Program offers both a Certificate of Proficiency and an AS Degree. Students desiring an AS Degree must complete the college graduation requirements for an Associate of Science Degree in Psychiatric Technology.

Certificate requirements consist of three semesters of study. Classroom theory consists of 10 to 15 hours per week. Between 16 and 21 hours per week are spent in clinical experiences (PT 69, PT19A, and PT19B). Students must maintain a grade of C or better in all classes in the program. Upon completion of the program, students are eligible to apply for the California State Psychiatric Technician Licensing examination.

Enrollment is limited. Contact the Applied Science Office for test dates and brochures. Students should make an appointment with a counselor for additional information and clarification.

### Core Curriculum Courses (Required) Units

#### Semester I

BIOSC 022	..... Anatomy and Physiology for AH Workers	.....4.0
NS 015	..... Human Nutrition	.....3.0
PT 067	..... Intro to the Psychiatric Technician Program	.....1.0
PT 068	..... Medical Surgical Nursing Theory	.....7.0
PT 069	..... Medical Surgical Nursing Clinical	.....5.0
PT 070A	..... Pharmacodynamics	.....1.0

#### Semester II

PSYCH 012	..... Human Growth & Development	.....3.0
PT 013A	..... Developmental Disabilities, Etiologies and Classifications	.....3.0
PT 013B	..... Care of the Developmentally Disabled Client	.....3.0
PT 019A	..... Clinical Experience	.....7.0
PT 070B	..... Pharmacodynamics	.....1.0

#### Semester III

PT 011	..... Introduction to Psychology	.....3.0
PT 017A	..... Introduction to Abnormal Psychology: Etiologies and Classifications	.....3.0
PT 017B	..... Care of the Mentally Disabled	.....2.0
PT 017C	..... Care of the Mentally Disabled (Group Process)	.....1.0
PT 018	..... Preparation for Paraprofessional Practice	.....1.0
PT 019B	..... Clinical Experience	.....7.0
PT 070C	..... Pharmacodynamics	.....1.0
<b>Total Program Cert. Requirements</b>		<b>.....56.0</b>

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## PSYCHIATRIC TECHNICIAN (PT)

### 011 • INTRO. AND APPL. OF GENERAL PSYCHOLOGY-PT 3.0 units

Total Lecture 54.4 hours  
 Advisory: Eligibility for ENGL 108A and READ 053  
 Acceptable for credit: California State University

This course introduces the psychiatric technician and other human service workers to the field of general psychology with emphasis on theory and application in a variety of psychiatric clinical settings. Emphasis is on principles that will be helpful to the psychiatric technician in understanding the behavior of mentally ill patients. Topics include perception, intelligence, learning and thinking, motivation and emotion, personality, abnormal patterns of behavior, and treatment practice. This provides a basic theoretical background from which the other courses in the program can be interrelated. *Grade Only.*

### 013A • DEVELOPMENTAL DISABILITIES: ETIOLOGIES & CLASSIFICATIONS-PT 3.0 units

Total Lecture 54.4 hours  
 Advisory: Eligibility for ENGL 108A and READ 053  
 Acceptable for credit: California State University

A comprehensive course covering the basic genetic principles as a foundation for understanding chromosomal mutations, etiologies, prevalence, symptom picture, methods of detection of a broad spectrum of developmental disabilities, mental retardation and child psychiatric disturbances. *Grade Only.*

### 013B • CARE OF THE DEVELOPMENTALLY DISABLED CLIENT-PT 3.0 units

Total Lecture 54.4 hours  
 Prerequisite: Successful completion of PT 067, PT 068, PT 069, and NS 015  
 Corequisite: PT 013A, PT 019A, PT 070B and PSYCH 012  
 Advisory: Eligibility for ENGL 108A and READ 053  
 Acceptable for credit: California State University

This course is designed to provide the student with an understanding of the principles of care for the developmentally disabled client. Characteristics of the developmentally disabled individual, including functional limitations such as deafness, blindness, and cerebral palsy will be discussed. The student will learn approaches which may be applied to increase individual levels of function; observation, management, and documentation of behavioral problems; and interpersonal skills and therapeutic strategies for communication. The emphasis throughout will be on the practical application of theoretical principles with the developmentally disabled population. *Grade Only.*

### 017A • INTRODUCTION TO ABNORMAL PSYCHOLOGY 3.0 units

Total Lecture 54.4 hours  
 Prerequisite: Completion of 2nd semester PT program  
 Corequisite: PSYCH001, PT017B, PT017C, PT018, PT019B, and PT070C  
 Acceptable for credit: California State University

This course focuses on understanding abnormal or maladaptive behavior, including common misconceptions, accepted definitions, and DSM IV classifications. The course also examines contemporary biological, psychosocial, and sociocultural viewpoints of abnormal behavior. A brief overview of assessment and current therapies is included. *Grade Only.*

### 017B • CARE OF THE MENTALLY DISABLED CLIENT 2.0 units

Total Lecture 36.8 hours  
 Prerequisite: Completion of 2nd semester PT program  
 Corequisite: PSYCH001, PT017A, PT017C, PT018, PT019B, PT070C  
 Acceptable for credit: California State University

This course focuses on skills which constitute critical thinking as utilized in clinical practice. Among these skills are objective and subjective observations, data collection, assessment of problems and strengths, formulation of interventions which allow for cultural differences, establishment of goals, evaluation, and the use of oral and written communication needed to put critical thinking into action. These skills contribute to the establishment of group process theory. Students identify problems in behavior and develop appropriate plans of care for mentally disabled persons in acute, long term, and community mental health settings, utilizing selected conceptual frameworks. *Grade Only.*

### 017C • GROUP PROCESS TECHNIQUES FOR USE WITH MENTAL HEALTH CLIENTS 1.0 unit

Total Lecture 16.0 hours  
 Prerequisite: Completion of 2nd semester PT program  
 Corequisite: PSYCH001, PT017A, PT017B, PT019B, PT070C and PT018.  
 Acceptable for credit: California State University

This course provides instruction and an experience in which students can be a group member, lead a group as co-facilitator, and interpret the theoretical issues of a group. *Pass/No Pass Only.*

### 018 • PREPARATION FOR PARAPROFESSIONAL PRACTICE 1.0 unit

Total Lecture 16.0 hours  
 Prerequisite: Successful Completion of 2nd Semester PT program  
 Corequisite: PSYCH001, PT017A, PT017B, PT017C, PT019B and PT070C  
 Acceptable for credit: California State University

The focus of this course is to prepare the student to transition to entry level professional practice. Course content includes a history of health care; legal, ethical and socio-cultural aspects of client care; the effect of current issues and trends on clinical practice; and the development of leadership roles. *Grade Only.*

### 019A • CLINICAL EXPERIENCE 7.0 units

Total Lab 377.6 hours  
 Advisory: MATH 903, Eligibility for ENGL 108A and READ 053  
 Prerequisite: Completion of first semester PT program  
 Corequisite: PT 013A, PT 013B, PT 060B and PSYCH 012  
 Acceptable for credit: California State University

This course provides the psychiatric technician student with supervised clinical experiences with clients with developmental disabilities in a variety of community agencies and residential institutional settings. Emphasis is on the use of the nursing process in efforts toward normalization. Approaches include a behavioral learning program, and individual and group activities with children who are healthy and with children who have developmental disabilities. *Pass/No Pass Only.*

### 019B • CLINICAL EXPERIENCE WITH MENTAL HEALTH CLIENTS 7.0 units

Total Lab 377.6 hours  
 Prerequisite: PT013A, PT013B, PT070B, PT019A.  
 Corequisite: PSYCH001, PT017A, PT017B, PT017C, PT018 and PT070C  
 Acceptable for credit: California State University

In this course, students observe and assess clients, formulate a psychiatric nursing problem list; plan and set nursing goals; implement nursing care interventions; evaluate plan of care for effectiveness, and renew the plan of care as needed for the care of the mentally ill person in the acute inpatient, locked long term and community settings. Students focus on developing appropriate therapeutic interventions, maintaining daily journals of their clinical experience, giving direct care to the mentally ill patient/resident/client, planning and leading a variety of group activities, reviewing and administering medications, participating in a teamwork effort as a clinical group, and facilitating a self-evaluation. *Pass/No Pass Only.*

### 060A • BEGINNING PHARMACOLOGY - PART I 1.0 unit

Total Lecture 16.0 hours  
 Advisory: Eligibility for ENGL 001A and READ 053  
 Prerequisite: Admission to the Psychiatric Technician program, Eligibility for ENGL 001A and MATH 903

This is a beginning course in pharmacology that presents the psychiatric technician student with the basic principles of pharmacology and dosage calculation. The emphasis is on defining pharmacological agents, the use of reference books, and the nursing implications in pharmacological therapy. The course will cover the uses of pharmacological agents, precautions for use, side effects, medication interactions, contraindications, and patient teaching for safe and proper pharmacological agent use. *Grade Only.*

### 060B • BEGINNING PHARMACOLOGY - PART I 1.0 unit

Total Lecture 16.0 hours  
 Advisory: Eligibility for ENGL 001A and READ 053, MATH 903  
 Prerequisite: Completion of first semester of Psychiatric Technician program  
 Corequisite: PT 013A, PT 013B, and PSYCH 012

This is a continuation course in pharmacology designed to assist the psychiatric technician student in developing the ability to safely administer pharmacological agents. Emphasis is on pharmacological classes, their therapeutic and non-therapeutic effects, nursing implications, and aspects of patient teaching for specific medical disorders. *Grade Only.*

# PSYCHIATRIC TECHNICIAN • PSYCHOLOGY

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## 067 • INTRO TO THE PSYCHIATRIC TECHNICIAN PROGRAM

1.0 unit

Total Lecture 16.0 hours

Advisory: MATH 903

Prerequisites: Acceptance into the Psychiatric Technician Program

This course helps acquaint incoming psychiatric technician students with Mission College and its services and the Psychiatric Technician Program. It covers college orientation and information regarding the Psychiatric Technician Program policies and procedures, career opportunities, stress management, study skills and self awareness exercises. *Grade Only.*

## 068 • MEDICAL SURGICAL NURSING

7.0 units

Total Lecture 126.4 hours

Advisory: MATH 903, Eligibility for ENGL 108A and READ 053

Prerequisite: BIOSC 022; Acceptance to Psychiatric Technician program

Corequisite: PT 069, PT 070A, NS 015

Acceptable for credit: California State University

A basic course which focuses on the care of the medically-surgically ill patient. The course integrates basic principles of nursing care. It is designed for, but not limited to, psychiatric technician students. *Grade Only.*

## 069 • MEDICAL SURGICAL NURSING CLINICAL

5.0 units

Total Lab 288.0 hours

Advisory: MATH 903, Eligibility for ENGL 108A and READ 053

Prerequisite: BIOSC 022; Acceptance to the Psychiatric Technician Program

Corequisite: PT 068, PT 070A, NS 015 and AH 011 (or equivalent)

Acceptable for credit: California State University

This is a foundation course in which learning experiences are designed to give the student a working knowledge of the principles and skills necessary to nursing in the hospital and in long term care facilities. Classroom instruction is followed by demonstrations in live situations. Students spend approximately 18 hours a week in the hospital perfecting skills through actual nursing care of clients. Clinical experience is correlated with classroom learning. Emphasis is placed on competence in performing basic nursing procedures and skills, including observing, reporting and recording. *Materials Fee: \$79.00. Grade Only.*

## 070A • PHARMACODYNAMICS

1.0 unit

Total Lecture 16.0 hours

(No longer offered after Spring 2009)

Advisory: MATH 903, Eligibility for ENGL 108A and READ 053

Prerequisite: BIOSC 022; Acceptance to Psychiatric Technician Program

Acceptable for credit: California State University

A course in pharmacology designed to assist the psychiatric technician in developing the ability to safely administer medications by knowing drug standards, sources, dosages, actions therapeutic and non-therapeutic effects. PT 070A will emphasize on drugs used to treat the medically-surgically ill patient. PT 070B will emphasize on drugs used to treat childhood psychiatric disorders and developmental disabilities. PT 070C will emphasize on drugs used to treat a wide variety of psychiatric disorders. *Grade Only.*

## 070 B • PHARMACODYNAMICS

1.0 unit

Total Lecture 16.0 hours

(No longer offered after Spring 2009)

Advisory: MATH 903

Prerequisite: Completion of first semester of Psychiatric Technician program

Corequisite: PT 013A, PT 013B, PT 019A, and PSYCH 012

Acceptable for credit: California State University

A course in pharmacology designed to assist the psychiatric technician in developing the ability to safely administer medications by knowing drug standards, sources, dosages, actions therapeutic and non-therapeutic effects. PT 070A will emphasize on drugs used to treat the medically-surgically ill patient. PT 070B will emphasize on drugs used to treat childhood psychiatric disorders and developmental disabilities. PT 070C will emphasize on drugs used to treat a wide variety of psychiatric disorders. *Grade Only.*

## 070C • PHARMACODYNAMICS

1.0 unit

Total Lecture 16.0 hours

Advisory: MATH 903

Prerequisite: PT013A, PT013B, PT019A and PT070B

Corequisite: PT017A, PT017B, PT017C, PT018, PT019B and PSYCH001

Acceptable for credit: California State University

This course in pharmacology is designed to assist the psychiatric technician student in developing the ability to safely administer medications. Emphasis is placed on drugs used to treat a wide variety of psychiatric disorders. *Grade Only.*

## PSYCHOLOGY (PSYCH)

DIVISION: Social Sciences

DEPARTMENT: Psychology

DEPT CHAIR: Jeff Cormier

PHONE: 408-855-5483

COUNSELING: 408-855-5030

WEBSITE: <http://salsa.missioncollege.org/cormier>

Psychology concerns itself with the study of human and animal behavior. It involves both pure science and the practical application of science to matters of everyday life. Those pursuing psychology as a field of study will find many career options centering on helping others understand, predict and control their own behavior and the behavior of others. Training in psychology also provides a valuable foundation for many professions that involve interpersonal interaction and communication.

### Student Learning Outcomes:

Students completing core courses or a program in Psychology at Mission College will come to a critical understanding of persons, the processes by which they develop, and the effects of cultural, social, and environmental factors on behavior.

Upon successfully completion of course work including core courses, students will:

- Design and demonstrate an exercise showing how psychosocial factors influence behavior
- Explain the effects of genetic and environmental factors on personality and behavior
- Describe how an appreciation of cultural relativity and human diversity might enrich the understanding of psychology
- Identify research models and relate the findings of research to life situations
- Develop critical thinking exemplified in their uses of psychological techniques in analyzing, comparing and contrasting human behavior.

*Students will demonstrate their progress and mastery through written tests, quizzes, projects and course embedded tests and activities.*

### Career Options:

- Administration
- Childcare Worker
- Human Services Specialist
- Marketing Specialist
- Probation Officer
- Psychologist
- Public Survey
- Therapist
- Ward Attendant
- Behavior Analyst
- College Professor
- Social Services Counselor
- Personnel Analyst
- Psychiatric Tech/Aide
- Psychometrician
- Research
- Training/Development Specialist
- Youth Supervisor

*Classes beyond the Associate Degree level may be required to fulfill some career options or for preparation for transfer to a university program.*

### Highlights:

- An exemplary instructional faculty with several years of experience.
- A wide range of course offerings including research methods, psychology of personal growth and psychology of addiction and substance abuse.
- Psychology courses complement degrees and/or certifications in many other fields: communications media, early childhood education, human services, interdisciplinary studies, marketing, medical assisting and teacher assisting.
- Transferable courses to the CSU and or UC systems.
- Convenient class times offered, with day, evening and fully online sections.

### Schedule Matrix:

COURSE	FALL	SPRING	SUMMER	WEEKEND
PSYCH 001	D,E,T	D,E,T	D,E,T	D,T
PSYCH 007	T	T		
PSYCH 010	T	D	T	
PSYCH 012	D,E,T	D,E,T	D,E,T	T
PSYCH 015		D		
PSYCH 020	D	T		
PSYCH 025	D,T			T
PSYCH 030	E,T	T	T	
PSYCH 033	T	E,T		