

Mission College Student Health Services Advisory Committee Meeting

Tuesday, December 7, 2010, 3 – 4:30 pm

Room MT – 20; then moved to Conference Room B (at 3:30 pm)

Present: John Palmer (Chair), Rosalyn Chan, Ann Cowels, Ruth Laird, Alicia Martinez, Becky Perelli, Penny Johnson, Ed Bellerive, Jackie Capurro, and Anita Roman

- I. Welcome and Introductions – several members were absent due to respiratory illness.
- II. Approval of 4/29/10 minutes.
- III. Student Health Services – Summary of Appointments/Contacts –
 - a. 2,497 appointments attended – 6/1/10 to 12/1/10; about 35% of patients return for follow-up visits.
 - b. 3,220 additional contacts from multiple venues (eg. casual contact in office to health fair)
 - c. Mental health (crisis) counselors ‘ appointments have had better show up rate since last Spring 2010. Firmer verbal expectations have been given to students when appointments are made.
 - d. Mental health counseling hours will be increased in Spring 2011.
 - e. “Student Health 101” – e-magazine kick-off in October, 2010. In October 2010, 200 different IP’s viewed it (a good number). Much of success possibly related to incorporation of videos done by Jessica Page, student correspondent. Continued promotion of this new outreach activity needed to increase readership. May offer extra credit feature to students via classroom instruction. SH101 provides service to students who take distance learning courses. Cindy Vinson informed Rosalyn that SH101 cannot be posted on Angel Learning website for multiple reasons (SH101 is college-based; Angel homepage posting is related to how to use Angel). SH101 may be placed in Student Portal (will be launched in Fall 2011). Counseling Center will incorporate SH101 in its orientation classes. Idea – have students waiting in line for registration look at SH101, if we can have a helper show it via small laptop (using Wifi). Suggestion made to have an “APP” created for students to download into their smartphones (Rosalyn will check if an APP exists or not).
- IV. Highlights Fall 2010
 - a. All major events and activities posted in MC Health Services website’s “Events” page; Rosalyn reported that attendance was good in all. Planning for all special events and

presentations is done nearly 6 to 8 months in advance. The “Events” page is almost like a mini-schedule of classes that students can view for their own planning.

- b. Student Health Services is a multi-faceted program: clinical services, health promotion (campus-wide health fair/mental health day), health education (presentation in classrooms), web-based programs (Student Health 101 e-magazine and Screening for Mental Health).

V. National Collegiate Health Assessment (NCHA) Summary

- a. NCHA conducted in Spring 2010 by MCSHS. Nearly 800 students surveyed.
- b. Rosalyn collated selected significant data to show comparison of Mission’s students info to California community colleges data (14 colleges) and national reference group.
- c. “Stress” was the highest academic impact factor – for all reference groups.
- d. NCHA data sent out to Student Services Council, Academic Senate, Division Chair Council and faculty who participated in Spring 2010.
- e. NCHA data may be used at Flex Day workshop on “Disruptive Students” and at future GAP meeting.
- f. John Palmer suggested that Rosalyn compare NCHA DATA with data collected from the CORE INSTITUTE surveys done ~ 4 years ago to look for trends.
- g. NCHA data could be used for grant proposals and requests for funding.

VI. Facility Space

- a. Rosalyn pointed out that current space is same square footage as when the program started > 30 years ago. There is no room to add extra work stations. Space limitations minimize the increase in personnel. Much creativity is needed to schedule current healthcare providers in order for each staff member to have a chair to sit on.
- b. Recommendation: Strongly recommend expanding facility space especially when MC Student Health Services is planned for new building. Bear In mind that “Maintenance of Effort” requires same level of services provided as in 1986-87 when health fee was charged. Concluded that with more students enrolled (last headcount was approximately 12,000) requires that more personnel needed in order to provide same level of services. More personnel means that more work space is needed.

VII. Next meeting – date will probably be in late April or early May – exact date TBD.

