

Committee Name: Mental Health and Wellness Committee

Date: Thursday, 9/19/13

Location: Counseling Orientation Room E1-301

Time: 12:30 - 2 pm;

Facilitators or Chair: MHW Co-Chairs: Bianka Guardino, Alicia Martinez; BIT: Penny Johnson

Attendees:

Bianka Guardino, Alicia Martinez, Rosalyn Chan, Priscilla Jones, Dan Sanidad, Kevin Borges, Debra Williams, Dr. Jorge Wong, Yukiko Hatanaka

Guests:

None.

Agenda Items:

| Topic Topic Lead Ti | | Time | Outcomes | | |
|--|-------------|------|--|--|--|
| BIT – Students of concern | Kevin/Debra | 5 | Two cases were discussed briefly. DSPS Director expressed concern over the growing number of Veterans students at Mission College. Some Veterans may have PTSD. | | |
| MHW Meeting Notes | Rosalyn | 2 | Thursday, May 2, 2013 Meeting Notes were approved. | | |
| Request for a new Co-Chair | Bianka | 5 | Alicia Martinez volunteered and was voted as co-chair for committee | | |
| 1-2 Faculty Rep. | Bianka | 5 | Academic Senate put a call for two Instructional Faculty to join the MH&W Committee. A few Faculty at the Academic Senate expressed concern about a possible time conflict with the current meeting times. Unfortunately, due to busy schedules of current committee members, the meeting times will not be changed at this time. Bianka will also ask the MATH Department if they are interested in participating in the committee. | | |
| Replacement of Ed Green | Bianka | 5 | There will not be a replacement for Ed Green position. The new Director of Student Development, Rachael Goldberg, might be part of this committee. | | |
| Flex day Presentation Feedback | All | 10 | Priscilla did a great job at the Flex Day presentation. There was a total of 10-12 attendees. Workshop was mostly about the Kognito Training and about 20 minutes reviewing some key points of the "Assisting the Emotionally Distressed Student" handbook. | | |
| Assisting the Emotionally Distressed Student Handbook Update | Rosalyn | 10 | There have been a few changes on the MC procedures for Student Behavior Concerns layout (inside front cover of the Handbook). There might be some minor changes still to come. Penny requested to add scenarios to the Handbook. A subcommittee met last Spring to address making changes to the Handbook. The subcommittee will meet again this Fall to continue to discuss possible changes to the Handbook. | | |
| Examining the Boundary of the Service we provide (on line) | Bianka | 15 | Will discuss topic during next meeting. | | |
| Kognito/Classroom Management Training, | Rosalyn | | The Online Kognito Training resource will only be available to use during this Academic year 2013-2014. | | |

MH&W Committee FALL 2013 Meetings: 10/3, 10/17 (BIT-opt), 11/7, 11/21 (BIT-opt), 12/5 (last meeting)

Meeting Summary or Take Away:

- Regular meetings are the first Thursday of the month. The third Thursday of the month are reserved for possible BIT cases. Meetings have been reduced to once a month unless there is a need to have a BIT case. Recommend that you put a hold on the 3rd Thursday of each month in case we meet for a BIT case/s. FALL 2013 Meetings: 10/3, 10/17 (BIT- optional), 11/7, 11/21 (BIT optional), 12/5 (last meeting).
- 2. Senate presentation: There will be a presentation to give an update on "Assisting the Emotionally Distressed Student" Handbook by Priscilla, Debra, Rosalyn & Penny (Dr. Jorge Wong & Yokiko Hatanaka might attend to). Presenters will make an invite to the Kognito Training.
- 3. Bianka will contact Tim Karas regarding the New Faculty Training schedule for possible presentations.
- 4. Dan will ask Penny about the new Director of Student Development's role in the MC Procedures for Student Behavior concerns and role in the MH&W committee.