



Committee Name Mental Health and Wellness Committee

Date: **Thursday, November 7, 2013**

Room: Counseling Orientation room E1-301

Time: 12:30 – 2 pm

Facilitators/Chair: MHW – Bianka Guardino and Alicia Martinez; BIT-Penny Johnson

Attendees:		Alicia Martinez, Rosalyn Chan, Dan Sanidad, Debra Williams, Rachael Goldberg, Katy Fitzgerald, Dr. Jorge Wong, Yukiko Hatanaka	
Guests:		None	
Agenda Items:			
Topic	Topic Lead	Time	Outcomes
BIT – Students of Concern			No students of concern were discussed.
Meeting Notes Approval	Alicia	2	11/17/13 Notes were approved.
Subcommittee: Crisis Intervention Handbook	Priscilla, Debra & Alicia	15	Subcommittee made changes on the referral diagram of the Handbook. However, the changes will be postponed for later (per Penny's request). Subcommittee also briefly looked over some of the scenarios from the Napa Valley College and while brainstorming what scenarios to use and what would be relevant to Mission College, they realized that it would be helpful to have key individuals who actually have experience with dealing with disruptive issues. They wanted to include someone with this expertise to join the subcommittee to provide more insight on what are the most common scenarios they deal with. Dan agreed to help the subcommittee. Recommendation to do a couple of scenarios to include on the Handbook which do not need to be about discipline. Discussion also revolved on how there seems to be a need for classroom management. Penny announced at the Academic Senate meeting when the Committee members did the presentation that we are not involved in Classroom management. Another discussion revolved around the possibility of meeting with the West Valley Mental health and wellness committee to share experiences (best practices) and the possibility of inviting them to our meeting.
Updates: Plagiarism	Alicia	10	Alicia emailed the committee the plagiarism resources that the MC library has on their website. Dan was able to forward the information to a few departments that were dealing with this issue. Rachael commented on wanting to have brochure that included all the registration procedures and maybe include a plagiarism piece. During the discussion it was brought up that other brochures have been developed in the past (ie. Student Services brochure) but due to budget cuts it has not been an option. However, one option could be to include a plagiarism piece in the ASG Newsletter. The Student Health Center has also previously had a 2 page plagiarism piece on the Student Health 101 Newsletter. They were also open to including another piece on plagiarism. If interested, the plagiarism piece would have to be on a PDF and sent to Rosalyn.
Updates: QPR Online Suicide Prevention Email Announcement	Alicia	5	The QPR information was emailed to all MC users. Had 3 responses back from Faculty who said they were going to use it. One faculty member said she was going to have their staff and class participate.
MW&W website	Alicia	5	The MW&W will be updated with the new members list and also the meeting times. The term duration for the committee is a 2 year commitment; however, for many the duration is longer given individual's position.
Flex day topics by CARS	Rosalyn	10	Rosalyn discussed the various mental health topics that CARS have supported for Flex or Staff development. The list of topics will be emailed to the committee members. If we want to host a topic, we just need to take care of the logistics. The event will be broadcast throughout California. Debra might use this resource in the DSPS conference she is helping to coordinate.
Webinars: (1) Removing Suicidal Students from Campus: The Significance of Recent Changes in Federal Policy. (2) Training Front Staff: Handling Difficult & Disruptive Behaviors	Alicia	10	Email was forward to members about the webinar on "Removing Suicidal Students from campus: The significant Recent Changes in Federal Policy". Apparently, the new regulation will leave schools and administrators struggling with some important questions regarding both institutional legal risk and student safety. Webinar will discuss creative solutions that aim to reduce institutional legal risk and increase student safety. The cost is \$345.

			<p>Unfortunately, the webinar is scheduled for Thursday, November 21, 2013 which is the same day as our guest presentation.</p> <p>Another webinar is Training Front Office Staff: Handling Difficult & Disruptive Behaviors. Cost is also \$345. Scheduled for Wed. Nov. 20th. Can be very useful for the Front Staff at Mission. Funding is an issue. However, the Regional Strategizing Forum will be Friday, Nov. 15th at West Valley. Some topics are cyber bullying and how to overcome addition to technology. Email was also sent to committee members about this event.</p>
Guest presentations: Wil Cason Presentation	Priscilla	5	Priscilla emailed the flier for the Presentation to Committee. You can make announcements and extend invitations. Priscilla asked if anyone is interested in doing the introductions for the guest speaker. If you are interested, please let her know.
Meeting Times & Updates for the Spring 2014 Fair (Student Services, Student Health and Mental Health Wellness Day/Fair)	Alicia	5	<p>Fair is scheduled for Thursday, April 10, 2014 from 10am -2pm.</p> <p>We will put this agenda item at the end of every meeting so that members who are helping to coordinate the event can stay for this part. We can also meet on the 3rd Thursday of the month if we don't have a MW&W meeting.</p>
New Faculty Presentations	Rosalyn	5	There was a good turnout (15 attendees). The attendees worked on the Kognito program. There was discussion about having the Student Clubs do the Peer to Peer program. Rachael will look into this. Also, Debra will look at the Veterans program which is also available as part of the Kognito program.

Future Fall 2013 Meetings: 12/5 (last meeting); 11/21 –No meeting, but Guest Presentation

Meeting Summary or Take Away:	
1.	Alicia will email the plagiarism piece from the Mission College Catalog to Rachael to put (if possible) in the ASG Newsletter.
2.	Recommendation for agenda item: Have a meeting with the West Valley Mental Health & Wellness Committee
3.	Another Agenda Item: Where to send Faculty who have Classroom management concerns.
4.	Alicia will email the list of CARS Topics to committee members
5.	Rosalyn will follow up with Debra regarding the CARS information for the DSPS conference
6.	