

Mental Health and Wellness Committee

Meeting Notes

4/28/2011, 12:30 – 2 pm

Attendees: Rosalyn Chan, Priscilla Jones, Bianka Guardino, Helen Ostrander, Katy Fitzgerald, Chris Rolan

- I. Mental Health and Wellness Day, 4/14/11, 11 am to 3 pm – well planned and executed. Perceived fewer participants after 2 pm. Suggestions to increase participation next time:

- Ask President (or VP) to send out email before event
- Academic Senators (ie. Bianka) to make announcement at meetings
- Division Chair (ie. Char) announcement to other DC's
- Presentations at Dept Chair meetings
- Presentations to select classes (ie. Bianka/Priscilla)
- Student Web Portal
- Extra Credit
- Banner – hang above Mission College monument sign

- II. Referral Form

Bianka would like to see the Referral Form be used as an option, not mandated. This would make Counseling Services more “user-friendly.” Current Referral Form needs to be changed: remove “cc: Vice President, Student Services.” Instead, behavioral incidents that require VP, SS attention should be documented on the “Incident Form.” Recommendation made that the Incident Form should be included in the “Assisting the Emotionally Distressed Student” guidebook.

Some situations are mandatory, such as elder/child abuse, harm to self/others. For these situations, the Referral Form should be completed.

Sarah Khan, new HR director, will be implementing series of required online training sessions that employees will be required to take.

- III. Trainings

There have been increased incidents of marijuana use on-campus. Chris clarified that even if the student presents a Medical Marijuana Card, this does not permit the student to use marijuana on-campus (Drug-Free Campus Act). Recommendations for future: presentations on substance abuse (marijuana, ecstasy) and include more information about available “power drinks” (are they safe?). Chris says that the Santa Clara County Health Department has a Marijuana powerpoint presentation that may be borrowed.

IV. Crisis Guidebook

Bianka and Priscilla will make revisions on the Guidebook (eg. include the Incident Report Form).

V. BIT

Chris reported that at WVC, President Lori Gaskin went to the WVC most recent BIT meeting; she was a guest. Administrative leadership is essential for the success of the BIT. WVC BIT is looking at making their team smaller. WVC BIT members would have specific roles. Chris did say that the Mission BIT membership was fine.

Bianka and Priscilla stated that they would prefer a licensed mental health counselor on the Mission College BIT. The main reason is college liability. There are currently no licensed counselors at Mission. The 3 associate crisis counselors who work in MC Student Health Services are planning to take their license exams this summer. Rosalyn said that she would look into an experienced, licensed part-time counselor.

VI. Future meeting – Thursday, 5/12/11, 12:30 – 2 pm, in the Counseling Orientation Room. (Rosalyn is not available on 5/12/11.)