

Committee Name: Mental Health and Wellness

Date: Thursday, 4/19/12

Time: 12 – 2 pm Location: Hospitality Management

Facilitators or Chair: Rosalyn Chan and Priscilla; BIT: Penny Johnson

Attendees:	
	Rosalyn Chan, Priscilla Jones, Penny Johnson, Bianka Guardino, Alicia Martinez, Mary Ashley, and Kevin Borges
Guests:	

Agenda Items:			
Topic	Topic Lead	Time	Outcomes
Notes of MHW meeting 4/5/12	Priscilla		Approved.
Mental Health/Wellness Day - evaluation	All		Good turnout, most ever. Excellent "inreach" opportunity – raises visibility for Counseling, Health Services & ASG attorney. Orientation classes could include SHS rep to speak about services; have to ask counselors. Possible limits on "All User" mail in future, including giving thanks. Table drapes should have current college logo.
QPR online training	Priscilla		Priscilla will view QPR before she initiates the project. Any launch of this project will begin in Fall, 2012. Anita Murkajee, SCC (point person) will be leaving in Summer, 2012.
Mental Health Grant	Rosalyn		Penny wants focus on staff development training: wants more employees to be knowledgeable on MH issues and when to refer; need skills to deescalate anger; how to identify signs of MH/disruption for referral; classroom management; how to respond; new faculty should be mandated to have training. Other suggestions were: PTSD and Veterans; be selective on who gets training; need greater awareness of on/off-campus resources; differentiate what is emotional distress vs mental illness; how to intervene but not incur liability; who to call; basic skills to de-escalate and help our front line workers; use teacher who teaches "Dealing w/ Difficult Person;" report fights to Police. Stephanie Kashima is the dean, grants; Liz Hickock is the consultant for writing grants. Grant is due in Sacramento on May 18, 2012. GAP also has to review grant. Bottom line: Do we truly have time to submit grant w/ all these hurdles?
Next and final meeting	Priscilla		May 3, 2012, 12:30 – 2 pm, Counseling Orientation room
Other:			

Meeting Summary or Take Away:	
1.	The "hands-on" activities, ie. massage and acupuncture, were major plus for – thanks to persistence of SHS RN (Barbara) for making these arrangements.
2.	Rosalyn will check w/ SC County Manager if there is liability for their Peer Mentors to be at Mission College.
3.	Penny says, "Buck stops w/ Penny," not the counselors for what associate counselors do in MC Student Health Services; assoc. counselors paid by Student Health and reports to Rosalyn, who reports to Penny.
4.	MHW members encouraged to recommend "trainers" or presenters for staff development on Mental Health issues.
5.	Congratulations to Alicia – will have her third child in October.