



Committee Name Mental Health and Wellness Committee

Date: **Thursday, December 5, 2013**

Room: Counseling Orientation room E1-301

Time: 12:30 – 2 pm

Facilitators/Chair: MHW – Bianka Guardino and Alicia Martinez; BIT-Penny Johnson

Attendees:	Bianka Guardino, Alicia Martinez, Penny Johnson, Dan Sanidad, Rosalyn Chan, Yukiko Hatanaka and Rachael Goldberg.
Guests:	none

Agenda Items:			
Topic	Topic Lead	Time	Outcomes
BIT – Students of Concern			None.
Meeting Notes Approval	Alicia	2	Notes for Thursday, November 7, 2014 were approved.
Inviting West Valley MH&W Committee to our Mission College MH&W committee	Alicia	10	Discussed the idea of inviting the West Valley MH&W committee to our Mission College MH&W committee. The committee agreed that it was a good idea to meet in Spring. It would be an opportunity to work together and discuss how to deal with District police and best practices. Bianka will contact the West Valley Committee and see if we can coordinate a meeting. Suggestion was made to possibly have CARS offer a workshop during our joint meeting. This could be done on a future joint meeting but maybe not in our first joint meeting.
Where to refer Faculty for classroom management support	Alicia	10	Addressed the concern of where to refer Faculty who need support with classroom management. There has been a growing number of instructional Faculty who have approached Priscilla for classroom management issues which are not part of what this committee or what counselors do. Classroom management is instructional. The appropriate avenue at this time is any classroom management issues should be taken to the department chair, then to the division chair and finally to the Dean of that Department. New Faculty members now have a mentor they are working with so this is one more person who can offer support. A recommendation is to have more professional Development workshops to help address the need. Penny will let the VP of Instruction know of the growing concern and need.
Wil Cason Presentation	Alicia/Priscilla	10	Wil Cason’s presentation on Thursday, Nov. 21 st was successful. A total of 55 attendees (42 Students, 6 Faculty, 5 Staff, 1 Administrator, and 1 Community Resource). Thank you Priscilla for coordinating this event.
Membership	Rosalyn	5	An email will be sent out to members who have not been able to make it to our meetings to remind them of our meeting times for Spring term. We are also open to having other instructional faculty join the committee.
Spring 2014 Meetings	Alicia	5	Our first meeting will be on Thursday, February 20, 2014.
Flex Day	Bianka	5	We will offer a workshop for the Fall Flex Day.
Student Services , Student Health and Mental Health Wellness Fair)	Bianka	5	Fair is scheduled for Thursday, April 10, 2014 from 10am -2pm. Coordinating group meet to discuss Fair. Name: “Student Services and Mental Health and Wellness Fair”. Coordinating team will continue to work and will remain in contact via email if needed.

Future Spring 2014 Meetings: 1st and 3rd Thursdays of each month. First meeting: Thursday, Feb. 20, 2014

Meeting Summary or Take Away:	
1.	Bianka will coordinate a joint meeting with West Valley Mental Health and Wellness Committee for Spring 2014.
2.	Penny will inform VP of Instruction of the growing concern and need of classroom management for instructional faculty.
3.	Our first meeting for Spring 2014 will be on Thursday, February 20, 2014 from 12:30-2:00pm.
4.	
5.	
6.	

