



Committee Name: Mental Health and Wellness Committee

Date: **February 20, 2014**

Room: Counseling Orientation room E1-301

Time: 12:30 – 2 pm

Facilitators/Chair: MHW – Bianka Guardino and Alicia Martinez; BIT-Dan Sanidad

| Attendees: | Bianka Guardino, Alicia Martinez, Rosalyn Chan, Priscilla Jones, Katy Fitzgerald, Debra Williams, Yukiko Hatanaka | | |
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| Guests: | None. | | |
| Agenda Items: | | | |
| Topic | Topic Lead | Time | Outcomes |
| BIT – Students of Concern | | | Our VP of Student Services emailed and expressed that there wasn't any student of concern to discuss. |
| Meeting Notes Approval | Alicia | 2 | Notes for December 5, 2013 meeting were approved. |
| Inviting West Valley MH&W Committee to our Mission College MH&W committee | Bianka | 10 | There will be follow up on finding out if the West Valley MH&W Committee would like to have a joint meeting and trying to find time where both Committees can meet. |
| CCC Mental Health and Wellness Association Conference | Alicia | 5 | The California Community College Mental Health and Wellness Association will be having the Spring 2014 Conference on Friday, March 21 st and Saturday, March 22 nd at Skyline College. The Agenda and the Registration information emailed earlier in the week with the Agenda. For those interested, please see the information for details. |
| Spring 2014 Meetings | Bianka/Alicia | 5 | We will meet 1 st and 3 rd Thursdays of each month from 12:30-2pm. Spring 2014 meetings: Thursday, February 20 th , March 6 th , March 20 th , April 17 th and May 1 st . There was a concern of possibly having the meeting times changed because it sometimes interferes with another committee meeting. A proposed time was same day (Thursdays) but from 10am -12:30pm. Given that not all members were present at the meeting, Bianka will email the committee to make sure that everyone in the group can make it to the new proposed time. If everyone could make it to the new time, this would take effect starting in April (April 20 th meeting). We will confirm if there will be any changes in the meeting time once we get feedback from the committee members. |
| Conference information | Debra | 5 | Debra (Convention Chair) gave an update on the Convention for the California Association for Post-Secondary Education and Disability (CAPED) which will be hosted by Mission College in the Fall (October). The convention addresses and serves a lobbying entity for education, leadership, legal issues associated with the needs of people with disabilities in a post-secondary school setting and recently all Military Veterans. In addition: Emotional Disabilities (ED) – also known as Psychological (this also includes Post-Traumatic Stress), Traumatic Brain Injury, Learning Disabilities, Deaf, Hard of Hearing and Blindness, Intellectual Disabilities, and Adapted Physical Education. The convention is attended by all of the 112 California Community Colleges, UC's and CSU's, State Chancellor's Office personnel, including the Chancellor, Student Services Vice-Chancellor, DSPS Coordinator, Veteran Coordinator, Department of Justice, the Office of Civil Rights, and this year the Mayor of Santa Clara wants to attend. There are typically a couple of State Senators and Assembly Reps. Debra is hoping to bring attention to Mission College, as a whole, and what a wonderful need we fulfill. She is also hoping to have campus tours to advertise our programs. She wants to get a couple of events that will take place during pre-conference and/or during the conference. She is in great need of volunteers to help with the event (ie. setting up workshop rooms, manning registration tables, troubleshooting last minutes hiccups). Please see Debra if you are interested in helping out. |
| Student Services/Mental Health & Wellness Fair | Bianka | 45 | Fair is scheduled for Thursday, April 10, 2014 from 10am -2pm . Coordinating group met to discuss Fair. The coordinating group will continue to work on getting their assigned tasks completed. The group will continue to meet during the latter part of the Committee meeting and dedicate most of the time (if possible) to discuss any updates. |

Meeting Summary or Take Away:

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| 1. | Bianka will follow up with the West Valley College MH&W committee for a possible joint meeting. |
| 2. | Email will be sent out to all MH&W members to see if the new proposed time (Thursdays from 10:30am -12pm) for the MH&W committee will work for everyone. |
| 3. | The Student Success/Mental Health & Wellness Fair coordinating group will continue to work on their assigned tasks and will report any updates via email and also during the next MH&W Committee meeting. |
| 4. | |
| 5. | |
| 6. | |